



***HUR Pulley
adjustable pull
equipment***



HUR®
HEALTH & FITNESS
EQUIPMENT

Versatile training for all user groups

The HUR Pulley is versatile, suitable for gyms, seniors, rehabilitation and wheelchair users.

The HUR Pulley's resistance mechanism is based on compressed air, which makes the equipment easy to use regardless of the resistance level or speed of movement. The resistance can be easily adjusted by the touch of large buttons and can be continuously and accurately monitored by the resistance indicator.



The HUR Pulley is available in two models – stand alone or wall mounted. The Smart Card function is also optional.

Structure colors:

- Black
- Grey
- White



Stand Alone Pulley		Wall Mount Pulley		Standard	Options
Dimensions		Width	130 cm	Adjustable height cable column	Digital Display
Width	160 cm	Length	86 cm		Smart Card
Length	139 cm	Height	224 cm	Dual handles	Load range 0–30 kg
Height	224 cm	Weight	75 kg	Adjustable support handles	
Weight	75 kg	Load range	0–20 kg		
Load range	0–20 kg				



Basic movements

The HUR Pulley can be used for a wide variety of exercises. Some examples are:



1. Elbow extension



2. Elbow flexion



3. Shoulder abduction



4. Shoulder adduction



5. Hip extension



6. Hip abduction



7. Hip adduction



8. Knee flexor



9. Scapular retraction

Adjustable height cable column.



The two handles and leg straps enable a large variety of exercises.

Independently adjustable stabilization handles.



Fully enclosed mechanisms enhances safety and aesthetics.

Key points

- **The pneumatic resistance method makes the HUR Pulley safe and comfortable to use, also enables rapid movements.**
- **Easy and continuous resistance adjustment.**
- **Near zero starting resistance with stepless adjustments.**
- **Enables a large variety of exercises.**
- **Independently adjustable stabilization handles.**
- **Fully enclosed mechanisms enhances safety and aesthetics.**
- **Handles and leg straps are standard equipment.**



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